

Lesson plan – self training

	Reading (Monday)	Listening (Tuesday)	Speaking (Wednesday)	Writing (Thursday)	Four abilities (Friday)
Week 1	I send you : -Reading with some exercises Activity (Simple present) -You have to look for : Verbs Adjectives Connectors New words	-Audio -Questions about the audio Activity -Answer the questions	-You will talk about the Reading , using the previous questions -Make an audio (2 minutes) -Taking into account the Reading, vocabulary , verbs and new words	-You will write a short paragraph about hte previous Reading. -You will use the vocabulary related to the Reading.	Exam 1 (It covers the four abilities)
Week 2	I send you: -Audio + Reading Activity (simple past) List of verbs	-Questions in simple past (audio) Activity -Answer the questios	You Will have a conversation in simple past. The topic is according to the reading.	-You´re gonna write a short paragraph in simple past -Taking as a reference the Reading and audio o video.	Exam 2
Week 3	I send you: -Audio + Reading Activity (simple past 2) List of the verbs	-Questions in simple past (audio) Activity -Answer some questions Complete the dialogue	You ´re gonna have a conversation using the previous knowledge.	-You Will listen to a video in which you Will find a mix of tenses. -You have to make a summary.	Exam 3
Week 4	I send you: -Audio + Reading Activity (simple future) List of the verbs	-Questions in simple future (audio) Activity -Answer some questions	You ´re gonna have a conversation using the previous knowledge.	You will write a short paragraph about hte previous Reading. -You will use the vocabulary related to the Reading.	Exam 4